



YstwythCC Mountain Bike Club Schedule of rides August 2010 - January 2011. (Open to non-members)

Date/Time	Venue	Ride
Sunday August 29th 2010 08:00 am	Afan Argoed. Leave Aberystwyth at 8:00 am to get to Afan for 10:00-10:30	Ride round either W2 (44km and 975 m of climbing) or Skyline (46km and 2000 m climbing). should be a good day out.
Sunday September 26th 2010 08:30 am	Betws-y-coed. Leave Aberystwyth at 08:30 to get to the Marin trail car park for 10:00 am	Marin trail and maybe short loop of Penmachno
Sunday October 31st 2010 08:00 am	Cwmcarn Leave Aberystwyth at 8:00 to meet at Cwmcarn for 10:00.	First YMBC visit to this trail centre. A couple of loops of this trail and maybe a gander at the DH course.
Sunday November 28th 2010 09:30 am	Dyfi forest Meet at the ClimachX trailhead car park just above Ceinws for 10:00 am	Ride round the ClimachX trail plus many of the enduro trails. Possible nip over to Bailey Bridge and the World cup descent.
Sunday December 19th 2010 10:00 am	Nant-yr-arian Meet in the FC car park at Bwlch Nant-yr-arian	Quiet ride round the Continental trail. Plenty of options for add-ons, shortcuts etc. Ending back at the centre for coffee and cake.
Sunday January 27th 2011 09:00 am	Brechfa. Meet in the Bwrgwm car park at 10:00 am	Trip around the Raven and Gorlech trails

Bring enough food and suitable clothing. Ensure that your bike is in good working order, the club does not take any responsibility for the trail worthiness of riders' bikes. Contact: Dave on 07854 126596 for further details

